## Hills Community Support Group Inc

November 2010



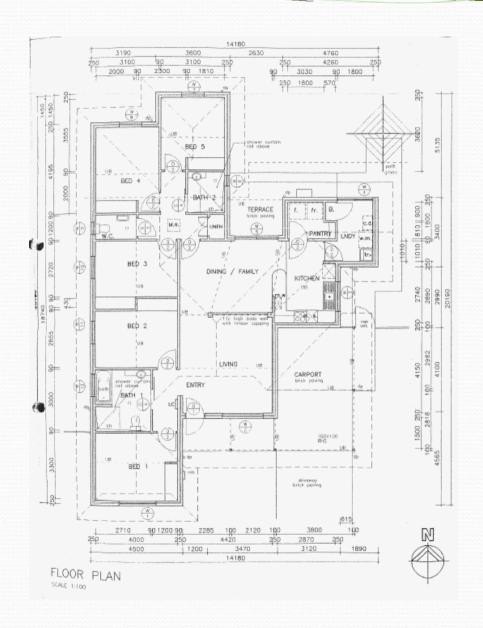
# "GETTING THE BRICKS AND MORTAR RIGHT"

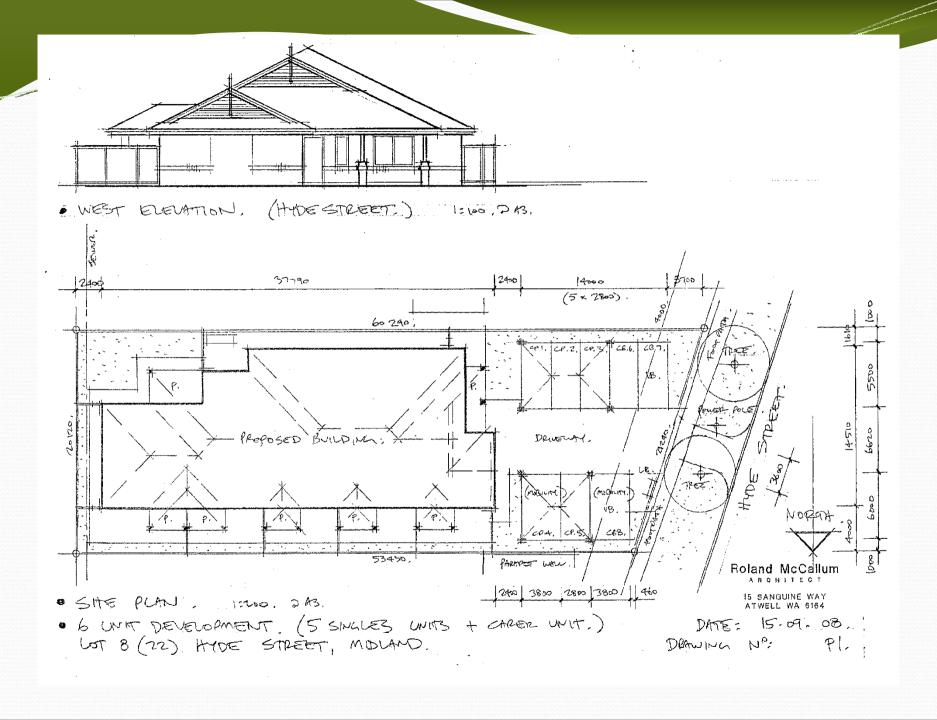
Presentation by Gail Palmer and Paul Armishaw

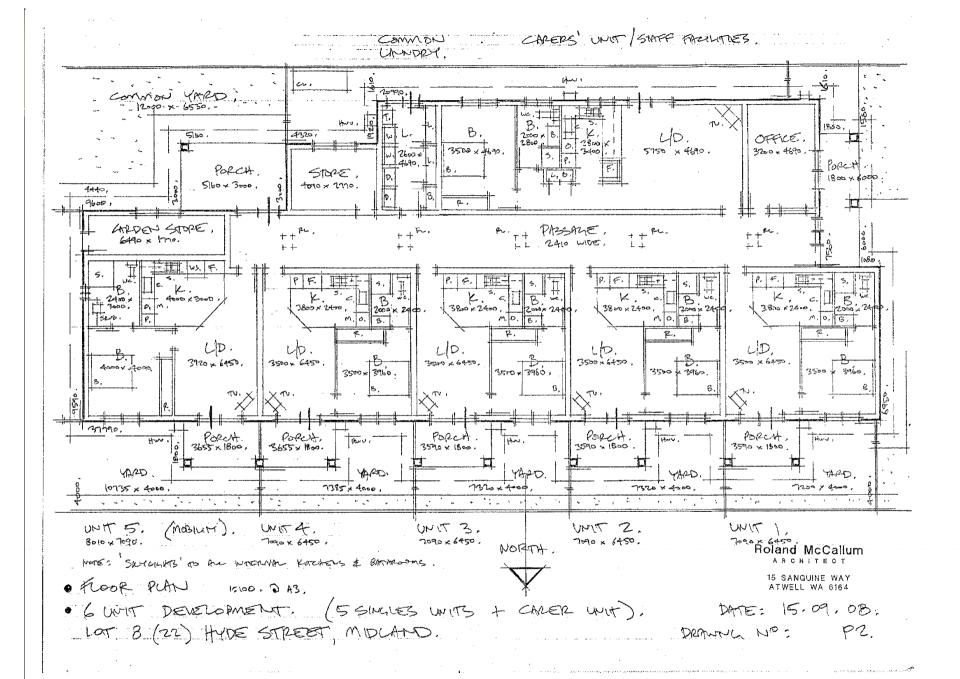
House Opened August 2006

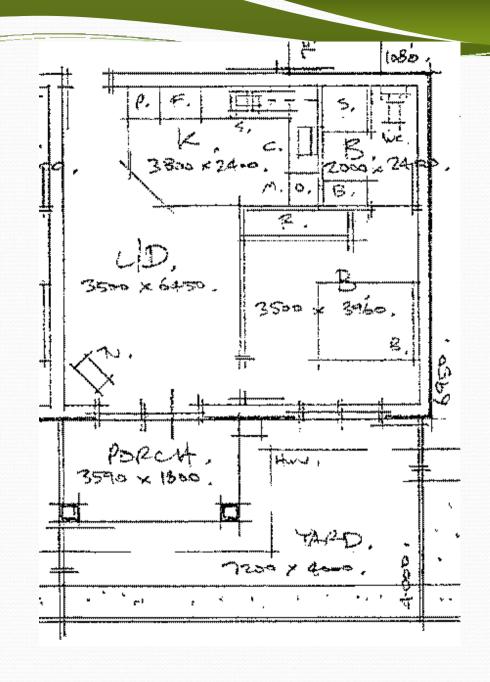
House Closed September 2007

- Debrief December 2007 resulted in seven learning points, the fourth one being:-
  - Always match the accommodation to the resident.









#### Melding Ecology and Positive Behaviour

#### Context

- Hyde St operates within a purely Positive Behaviour Support framework.
- The unique ecology provided by the individual units provides the opportunity for each person to have a genuinely individualised service.
- The communal areas provide residents with a chance to 'practice' new adaptive skills in a safe space with appropriate levels of support.

#### Case Study

- Bob is a man in his early thirties for whom traditional accommodation options have been unsuccessful. His overall skill and cognitive abilities make him to independent for a traditional 'group home' styled accommodation.
- However his support needs relating to both his behaviour and his disability made him vulnerable in the community resulting, in serious at risk behaviours to self and others.

#### **Ecology and Planning**

- Bob resides in an individual unit and can access staff support twenty four hours a day. This reduces his anxiety and provides him with a 'safe space' within which to express any anger or frustration he may be feeling.
- The focus of Bob's PBSP is to try and establish his ability to cope with both his physical and emotional self care within an independent and semi supported environment.

#### The Journey so Far

- Bob's greatest challenge has been adjusting to living in his own unit after previously living supported accommodation ('group home') in recent years. This is the despite the access to staff and sharing with five other neighbours.
- Bob has also struggled with working within a behaviour support model that has a complete absence of negative consequences.

#### What's Next?

- The process of assisting Bob to develop lasting positive behavioural change is a long term commitment. The model of support offered at Hyde St is not a magic wand, rather it is an active partnership between the resident, their family/carer, staff and the organisation as a whole.
- Bob's long term goal is to transition from Hyde St into a more independent community based accommodation option; underpinned with both ongoing support from Hyde St and community based informal support networks.

### Thank you

