

Belonging

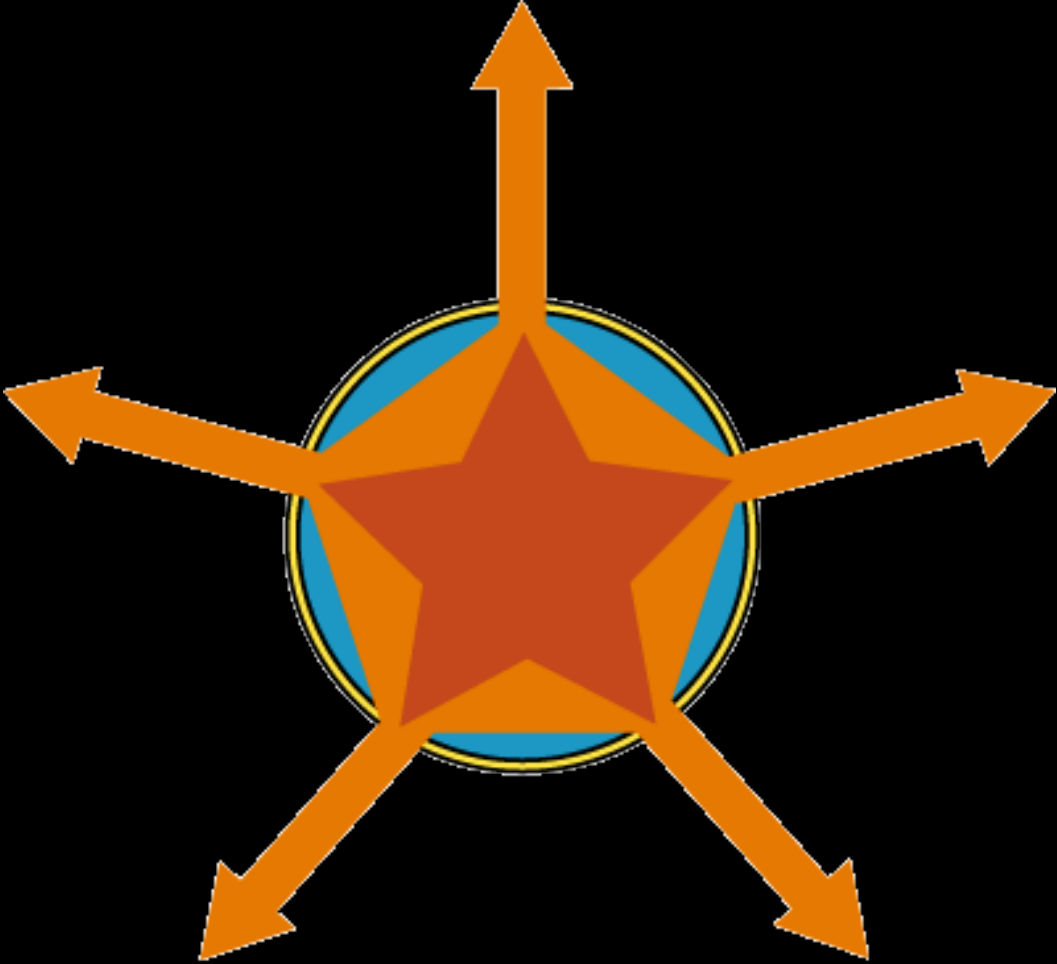
Choosing

Being Respected

Contributing

Sharing Ordinary Places

Dimensions of Inclusion



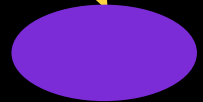
Capacity Thinking

The art of discovering

what people can contribute
to community life

ways to embody their
contribution





How can we make sure that
this person follows health &
safety regulations and does
not expose us to legal
liability or threaten our
license?



“I feel free”

“We are in this together” “I am at home”



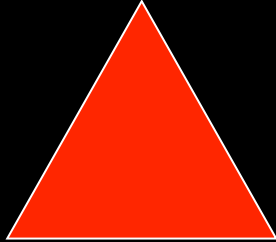
How can this person
show up in ordinary life
as a valued friend and a
contributing citizen?



3 kinds of Power

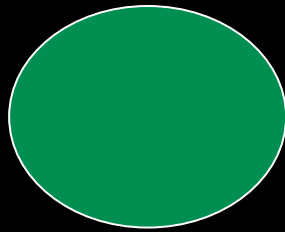
Ability & willingness to...

Power over



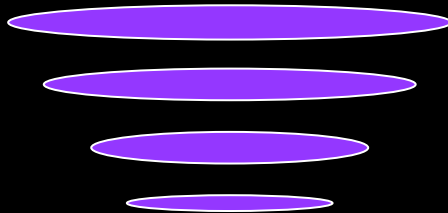
...make decisions for others & enforce compliance

Power with



...listen to & be influenced by others' perceptions & suggestions & offer perceptions & suggestions in return

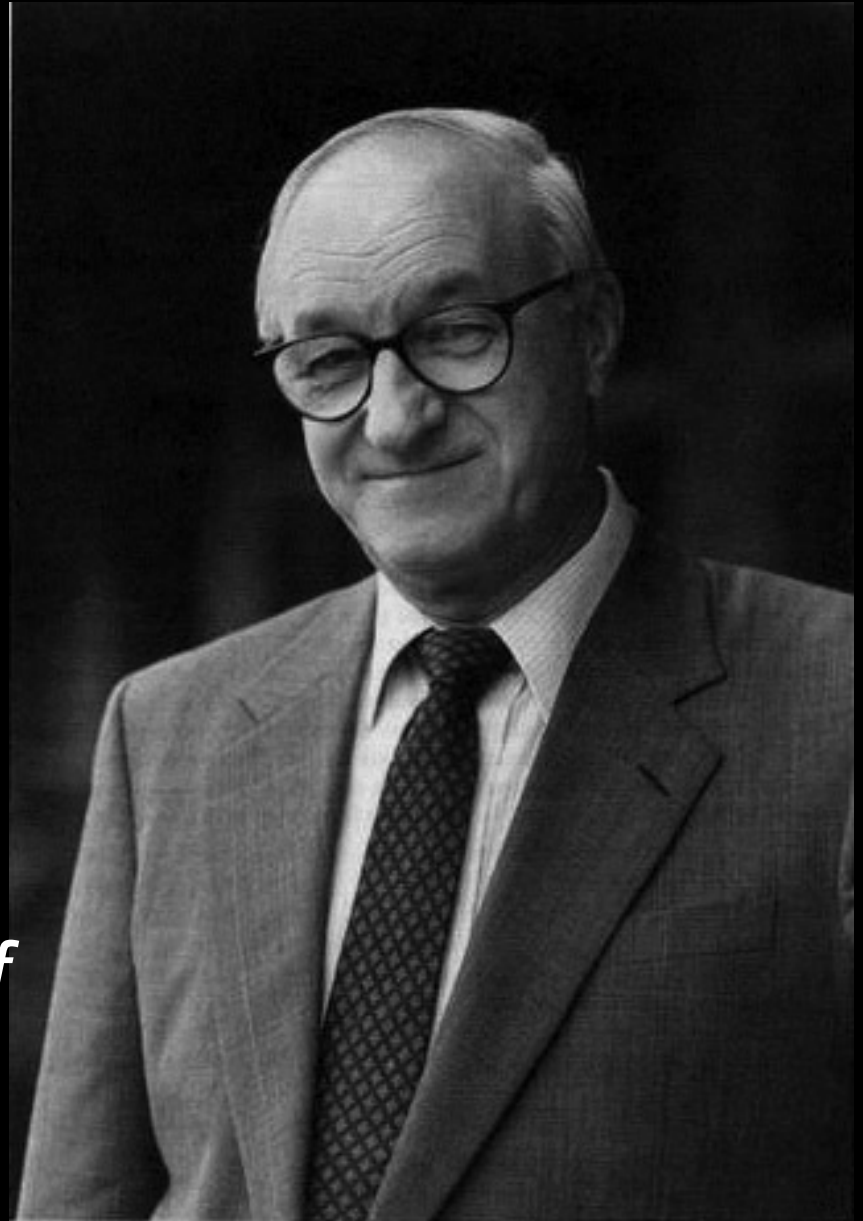
Power from within



...discover & creatively express abilities & concerns which are spiritually meaningful

What increases the likelihood
that people will take actions
to move current reality
toward a more desirable
future?

"The field of psychology is plagued by a chronic condition of negativity regarding human development and functioning . . . We are more heavily invested in intricate theories of failure than in theories of success."



Albert Bandura

Self-efficacy – People's belief in their capacity to organize & carry out the actions necessary to produce a desired effect.

Albert Bandura



What increases self-efficacy?

People are more likely to take positive action when...

...they believe that what they do makes a difference

...they learn by seeing others choose, work toward, & achieve positive changes

...they can organize & work with others to achieve what they can't do alone

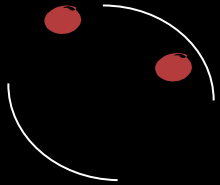
...they can get help when they need it & the help doesn't take them over

A Variety of Resources



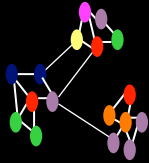
Individual

- qualities •abilities •possessions
- knowledge • concerns * habits



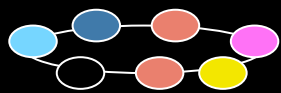
Relationship

Individuals people can count on as friends: for fellowship, support & to get things done



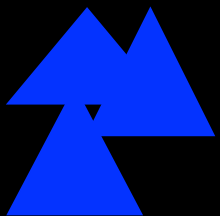
Network

Informal groups: support one another and get things done together



Association

Identified group that confers membership, defines roles, takes positions, gets things done



Service

Bureaucratic structure to get things done for eligible people: formalized relationship.

RELATIONSHIPS TURN MY
RIGHTS INTO REALITIES